



# International School Meals Day 2019

Thursday 14 March 2019

## Who makes my meal?

Think about your favourite food,  
learn where it comes from and  
who provides it



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# Celebrate the 7th International School Meals Day on:

**Thursday 14 March 2019**

**[www.internationalschoolmealsday.com](http://www.internationalschoolmealsday.com)**

**International School Meals Day (ISMD) encourages children and young people around the world (with support from their teachers) to connect and talk to each other about the food they eat and the role that it plays in their lives.**

## **In 2019 the theme is 'Who makes my meal?'**

Talking about the ways that food is grown, prepared and consumed offers opportunities to share time with family, friends and your community.

This year's theme allows pupils to share stories and undertake learning about the people who provide their food.

Maybe it's food grown locally that is cooked at home, or food provided at school and served by a favourite member of the catering team!

Through the written word, drawings or photographs, pupils can demonstrate why this particular person or food is so special to them.

In the run-up to International School Meals Day, you can encourage young people to think about and discuss their favourite foods and where their food comes from in the way that is best suited to your learning environment.

The main thing is to celebrate the rich diversity of recipes that is sure to exist in every classroom, and to enjoy ISMD!

Stories and pictures will be featured on the website and on Twitter, so follow @IntSchoolMeals and the hashtags #ISMD2019 #MyFood

### **Supporters of ISMD since 2013:**

Association for Public Service Excellence; Association of Service Solutions in Scotland; BBC World Class; British Council; Children in Scotland; Countryside Classroom; Education Foundation; Education Scotland; Food For Life; Global Child Nutrition Foundation; Mary's Meals; No Kid Hungry (Share our Strength); Lead Authority in Education Catering; Scottish Government; Skype in the Classroom; USDA; Welsh Assembly; and World Food Programme.