

Healthy recipes

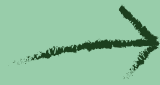
Add one of your favourite healthy meals to the International School Meals cookbook



My name is:

This is the recipe for:

Add a photo or drawing
of the finished meal



Ingredients

Add a list of ingredients and amounts here,
eg 500g brown rice or 2 large sweet potatoes:

Equipment

Add a list of utensils here, eg a large wok:

Method

Add the full list of cooking instructions here, making sure everything is in the right order: