

INTERNATIONAL SCHOOL MEALS DAY



Thursday 11 March 2021

Eat for the *health* of it



Think about your favourite food, along with nutrition projects you've been part of, and learn about which foods make you feel healthy, give you more energy or help you learn better.



Get involved: @intschoolmeals | #ISMD2021 #MyFood
www.internationalschoolmealsday.com



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